| **Item** | **Size/Weight** | **Price or Price/Kg** |
| --- | --- | --- |
| Crush Granola – Maple and Pecan | 500g | £3.80 |
| Crush Granola – Honey and Apple | 500g | £3.80 |
| Crush Granola – Chocolate and Hazelnut | 500g | £3.80 |
| Dried Apricots | 500g | £7.00 |
| Crystal Ginger | 125g | £1.15 |
| Gluten free bread from The Incredible Bakery |  | £4.50 |
| Farina Type 00 Pasta Flour | 1kg | £2.50 |
| Marriages Light Spelt | 1kg | £2.75 |
| Whole Almonds | 125g | £3 |
| Mixed Nuts | 250g | £2.50 |
| Polenta | 500g | £2.40 |
| Desiccated Coconut | 250g | £2.50 |
| Durum Semolina | 500g | £2 |
| White Pudding Rice | 500g | £1.50 |
| Oats | 1kg |  |

**Email**

**Tel:**

**Notes:**

**Name**

**Address**

|  |  |  |
| --- | --- | --- |
| **Pasta** |  |  |
| Mr Organic  Dried Porcini Tortellini | 250g | £4.75 |
| Latina Spaghetti | 500g | £2.80 |
| Riscoss Penne Rigate | 340g | £2.90 |
| Organic Gluten Free pasta | 340g | £3.25 |
| Gnocchi | 500g | £2.10 |
| Latino Twisted pasta | 500g | £2.75 |
| Macaroni | 1kg | £3.50 |
| Basmati Rice | 1kg | £3.15 |
| Pearl Barley | 500g | £2.35 |
| Corn Meal | 500g | £2.40 |
| Risotto Rice | 1kg | £3 |
| Corn Brown Rice Quinoa Linguine | 400g | £3.50 |
| Garofalo | 500g | £2.80 |
| Artisan Grains 4 grain couscous | 200g | £2.25 |
| Billington’s Organic Golden Caster Sugar | 500g | £2.75 |
| Billington’s Golden Granulated Sugar | 1kg | £3.50 |
| Silver Spoon Granulated Sugar | 1kg | £1.25 |
| Strong White Bread Flour | 1kg | £2 |
| Novo Farina GF Pizza base mix | 390g | £3.50 |
| Glebe Farm Gluten Free Plain Flour | 1kg | £3.25 |
| Glebe Farm GF Self Raising Flour | 1kg | £3.25 |
| Doves Farm Plain Flour | 1kg |  |
| Doves Farm SR Flour | 1kg |  |
| Yeast 100g |  | £1.50 |
| **Hodmedods** |  |  |
| Fine Ground Green Pea Flour | 500g | £4 |
| GF Organic FAVA bean flour | 500g | £4 |
| British Organic Marrowfat Peas | 500g | £2.70 |
| British whole blue peas | 500g | £2.30 |
| British Grown red quinoa | 300g | £4.75 |
| British Haricot Beans (tin) | 400g | £1.40 |
| British Vaal Dhal (tin) | 400g | £1.90 |
| Epicure Borlotti Beans | 400g | £1.15 |
| Organic Lentils (tin) | 400g | £1.35 |
| Organic Cannellini Beans | 400g | £1.35 |
| Organic Butter beans | 400g | £1.45 |
| Tomato Paste concentrate | 800g | £1.95 |
| Mr Organic Passata | 400g | £1.20 |
| Skipjack Tuna (brine) | 400g | £3.50 |
| Gordon Rhodes sticky beef brisket marinade | 75g | £2.50 |
| Gordon Rhodes Bish Bash Bosh Sausage Cassoulet seasoning | 75g | £2.50 |
| Gordon Rhodes Slow comfortable Stew | 75g | £2.50 |
| Gordon Rhodes Chicken Curry seasoning | 75g | £2.50 |
| Kallo very low salt Vegetable stock | 60g | £2.25 |
| Kallo Organic Beef stock cubes | 60 | £2.25 |
| Atkins and Potts Veg stock (liquid) | 350g | £2.70 |
| Atkins and Potts Chicken Stock (liquid) | 350g | £2.70 |
| Atkins and Potts Beef stock (liquid) | 350g | £2.70 |
| “Little White Lamb” Rogan Josh curry sauce | 470g | £4.95 |
| “Little White Lamb” Sausage and onion casserole sauce | 470g | £4.95 |
| “Little White Lamb” Lamb and mint casserole sauce | 470g | £4.95 |
| “Little White Lamb” mint sauce | 180g | £3 |
| “Little White Lamb” red currant and port jelly | 212g | £4.60 |
|  |  |  |
| **Honey** |  |  |
| Norfolk Honey |  | £9 |
| Leighs Bees Spring Honey |  | £8.50 |
| Leighs Bees Floral Honey |  | £8.50 |
| Leighs Bees Late Summer Honey |  | £8.50 |
| Leighs Bees Honeycomb |  | £9.50 |
| Henstead Raw Honey |  | £9.50 |
| **Jams and Chutneys** |  |  |
| Norfolk Garden  Lime Marmalade  Lemon Marmalade  Seville Marmalade (coarse)  Orange and Ginger Marmalade  Dark Yoxford  Pink Grapefruit  Blood Orange  Whisky Marmalade  Tangerine Marmalade  Gooseberry Jam  Damson Extra Jam  Victoria Plum  BlackBerry and Apple  Black currant |  | £3/jar |
| Emmas Jam  Strawberry  Raspberry  Black currant |  | £3/jar |
|  |  |  |
| **Fruit and Veg** |  |  |
| Carrots |  | £1.20/kg |
| Cauliflower |  | £2 each |
| Bramley apples |  | £1.80/kg |
| Clementines |  | £3.50 /kg |
| Eating apples |  | £3.30/kg |
| Broccoli |  | £3/kg |
| Baking Potatoes (large) |  | 80p each |
| Baby new potatoes (Elveden) |  | £1.80/kg |
| Unwashed Potatoes |  | 80p/kg |
| White Onions |  | £2.50/kg |
| Red Onions |  | £3/kg |
| Parsnips |  | £2.50/kg |
| Large Oranges |  | 60p each |
| Lemons |  | 50p each |
| Limes |  | 50p each |
| Conference Pears |  | £2.40/kg |
| Red Cabbage |  | £1.50 each |
| White Cabbage |  | £1.50 each |
| Savoy Cabbage |  | £1.50 each |
| Celeriac |  | £1.30 each |
| Leeks |  | £2.75/kg |
| Swede |  | £1 each |
| Spring Onions |  | £1.50/bunch |
| Red/Yellow/Orange peppers |  | £3.50/kgsala |
| Iceberg Lettuce |  | £1.50 |
| Curly Kale |  | £1.50/bag |
| Mushrooms |  | £3/kg |
| Sprouting Broccoli |  | £1.75/bag |
| Salad Tomatoes |  | £3.50/kg |
| Rhubarb |  | £7.50/kg |
| Kiwi Fruit |  | 45p each |
| 5kg Bag of potatoes |  | £4 |
| Mangoes |  | £2.80 each |
| Honeydew Melon or orange flesh melon |  | £2.80 each |
| Black grapes |  | £3/box |
| Bananas |  | £1.85/kg |
| Little Gem |  | £1.60 each |
| Cherry Tomatoes |  | £2.50 each punnet |
| Cucumbers |  | £1.50 |
|  |  |  |
|  |  |  |
|  |  |  |
| **Bread – Penny Bun Bakery** |  | All loaves £3  Sourdough  Tiger  Country Loaf  Baguette |
|  |  |  |
| **Ready Meals** |  |  |
| Lasagne (GF) |  | £4.50 |
| Vegetable Curry |  | £4.50 |
| Cottage pie with cheesy top |  | £4.50 |
| Sausage Roll |  | £3.50 |
| Scotch Egg |  | £3.50 |
| Steak Pie |  | £7.50 |
| Quiche - vegetarian |  | £6.50 |
| Quiche lorraine |  | £6.50 |
| Chocolate Brownie |  | £2 |
| White Chocolate Rocky Road |  | £2 |
| Flapjack |  | £1.50 |
| **Dairy Produce** |  |  |
| Full Fat Milk  **A2 available** | 1L | £2 |
| Full Fat Milk  **A2 available** | 0.5L | £1.50 |
| Full Fat Milk  **A2 available** | 2L | £3.50 |
| Skimmed Milk | 1L | £2 |
|  | 0.5L | £1.50 |
|  | 2L | £3.50 |
| Semi Skimmed | 1L | £2 |
|  | 0.5L | £1.50 |
|  | 2L | £3.50 |
| Milkshakes  Chocolate  Strawberry  Vanilla | 1L | £2.50 |
| Cream | 250ml  125ml  250ml glass | £3.00  £1.60  £3.50 |
| Yoghurt – natural | 500ml (glass)  250ml (glass) | £5  £3 |
| **Eggs** |  |  |
| Fresh, free range | Half dozen | £1.60 |
|  | Tray of 30 | £7.00 |
| Goose Eggs |  | £1.50 each |
|  |  |  |
| **Wine** |  |  |
| **Humbleyard Vineyard** |  |  |
| **Solaris** |  | £12.50 |
| **Sauvignon Blanc** |  | £12.50 |
| **Pearl Pink Rose** |  | £12.50 |
| **Cabernet Cortis (Red)** |  | £12.50 |
| **The Pinots (Red)** |  | £12.50 |
| **Cortis Rose** |  | £12.50 |
| **Chardonnay** |  | £12.50 |
| **Brut Rose (Sparkling)** |  | £21.50 |
| **Prestige Cuvee (Sparkling)** |  | £28 |
| **Brut Sparkling (White)** |  | £21.50 |
|  |  |  |
| **Flint Vineyard** |  |  |
| **Bacchus** |  | £16.50 |
| **Charmat** |  | £21.50 |
| **Chet and Waveney Valley** |  |  |
| **Skylark** |  | £21.50 |
| **Horatio** |  | £28 |
|  |  |  |
| **Spirits** |  |  |
| **Norfolk Gin – small**  **Norfolk Gin – large** |  | £18.95  £42.50 |
| **What a Hoot – gift pack** |  | £28.99 |
| **Norfolk Nog** |  |  |
| **English Whisky** |  | £42.50 |
| **St Giles – Divers** |  |  |
| **St Giles** |  | £42.50 |
| **St Giles – spiced orange and cranberry** |  | £42.50 |
| **St Giles – miniatures** |  |  |
| **Home Farm Gin – strawberry and mint** |  | £42.50 |
| **Simon’s Marmalade Gin Liqueur** |  |  |
| **Nelson’s Gold – Caramel Vodka** |  | £31.50 |
| **Fleet and Harding – Vodka** |  |  |
|  |  |  |
| **Beer** |  |  |
| **Tindalls Ale – Mild, Summer Loving, Ditchingham Dam, Liberator, Seething** |  | £3/bottle |

|  |  |  |  |
| --- | --- | --- | --- |
| **Meat** |  |  |  |
| Lamb | Any cut – please specify | £14/kg |  |
|  | Mince | £10/kg when available |  |
| Beef | Topside | £15/kg |  |
|  | Rump Steak | £18/kg |  |
|  | Sirloin Steak | £24/kg |  |
|  | Braising Steak | £12.50/kg |  |
|  | Shin | £12.50/kg |  |
|  | Mince | £8/kg |  |
|  | Burgers | £1.50 each |  |
| Pork | Chops | £10/kg |  |
|  | Traditional Sausages (GF) | £10/kg |  |
|  | Sausages – Pork and Apple (GF) | £10/kg |  |
|  | Roasting Joint | £10/kg |  |
|  | Pork Belly | £10/kg |  |
|  | Sausage meat (GF) | £10/kg |  |
|  | Bacon – back | £14/kg |  |
|  | Bacon – streaky | £12.50/kg |  |
|  | Belly Strips – plain | £10/kg |  |
|  | Belly Strips – marinated | £10/kg |  |
| Turkey | Please enquire – frozen turkey available |  |  |
| Chicken  (when in stock) | Whole - £8.50/kg  Breasts - £22.50/kg |  |  |
| **Payment**  Due to safety measures we require payment in advance, and your goods (if delivered) will be left on the doorstep – we will obviously knock on the door to alert you to our presence.  Delivery slot timings will be **approximate** and we will do our best to update you if we are running early or behind schedule. | | | |
| **Bank Details**  Our bank details for payment are:  Barclays  20-92-08  80616516  E A Mayhew & Sons Ltd  **PLEASE DO NOT PAY UNTIL WE HAVE CONFIRMED YOUR FINAL INVOICE VALUE** | | | |